



St. Peters Physical Education Long Term Plan



Year group	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
N	Outdoor activities/provision, involving bikes, scooters, climbing apparatus, ball games					
R	Gymnastics (Floor)	Throwing, Catching (Bean bags)	Dance	Net/Wall Games	Multi Sports/Games	Athletics
1	Gymnastics (Floor)	Throwing, Catching (Large Balls)	Dance	Net/Wall Games	Multi Sports/Games	Athletics
2	Gymnastics (Equipment)	Throwing, Catching (Small Balls)	Dance	Net/Wall Games	Strike Field	Athletics
3	Athletics	Fitness and well-being (lead healthy active lives)	Net Wall Games	Gymnastics/Dance	Invasion Games	Strike and Field Opp for outdoor adv activities
4	Strike and Field (Rounders)	Fitness and well-being (lead healthy active lives) Swimming	Net Wall Games Swimming	Gymnastics/dance	Invasion Games	Athletics Opp for outdoor adv activities
5	Athletics	Fitness and well-being	Net Wall Games Swimming	Gymnastics/dance	Invasion Games	Strike and Field

		(lead healthy active lives) Swimming				Opp for outdoor adv activities
6	Strike and Field (Cricket)	Fitness and well-being (lead healthy active lives)	Net Wall Games	Gymnastics/dance	Invasion Games	Strike and Field Opp for outdoor adv activities