

St Peter's CE Primary School

Personal, Social, Health Education

(including Relationships, Sex and Health Education)

Curriculum Statement



PSHE runs through the very heart of our school and is at the core of everything we do, alongside Religious Education. It is evident in our behaviour policy, our house point system, our circle times as well as at playtimes, lunchtimes, and celebrations in school. Through the teaching and learning of PSHE/RSHE and religion, we have developed links with the local community and many different organisations such as local care homes and charities. We also hold many events throughout the year to raise money for a number of different charities, both global and local, which encourages children to think of others, different groups in society and economic issues.

Our PSHE/RSHE curriculum is covered under five core themes delivered through the programme 'HeartSmart':

1. Don't forget to let love in!
2. Too much selfie isn't healthy!
3. Don't rub it in, rub it out!
4. Fake is a mistake!
5. 'No way through,' isn't true!

We use HeartSmart throughout the school as part of PSHE/RSHE and SMSC. The programme is designed to support children to build resilience, emotional intelligence and active empathy. It enables children to adopt a growth mind-set whilst maintaining a healthy emotional self. HeartSmart is about loving each other and accepting ourselves as well as loving each other and responding to others.



PSHE is an essential part of the EYFS curriculum and runs throughout the four main themes that underpin the EYFS guidance:

Positive relationships

Enabling environments

Learning and development

A unique child – a child who is constantly learning and can be resilient, capable, confident and self-assured.

Positive relationships – the need to learn to be strong and independent through positive relationships.

Enabling environments - to learn and develop well in enabling environments, in which children's experiences respond to their individual needs; there is a strong partnership between practitioners and parents and carers.

Learning and development - to develop and learn in different ways respecting the education and care of all children in the early years provision, including children with special educational needs and disabilities.

At St. Peter's, we have daily collective worship assemblies which includes a celebration assembly on a Friday morning.

Our assembly themes throughout the year are linked to aspects of the PSHE, RSHE and the RE curriculum as well as celebrating themed days and weeks such as Science day, Maths day and Reading week.