

St.Peter's C.E. Primary School



Relationships, Sex and Health Education Policy

Updated: September 2020

To be reviewed: September 2021

St Peter's CE Primary School

Relationships, Sex and Health Education Policy (RSHE)






What is relationships and sex education?

St.Peter's recognises Relationships and Sex Education (RSE) as an integral part of the Personal, Social and Health Education (PSHE) curriculum which is also linked to Science. We aim to offer pupils a programme on human development, relationships, sexuality and family life within a safe, comfortable atmosphere and in a relaxed relationship between teacher and pupil. The programme is set within a moral framework and matched to the pupils' level of maturity. We believe that RSHE can make a significant contribution to the development of the personal skills needed by pupils if they are to establish and maintain relationships. It also enables young people to make responsible and informed decisions about their health and well-being.

Aims and Objectives

The RSHE programme at St Peter's CE Primary School reflects the school's Christian values and within this aims to develop in our pupils an understanding of the physical, biological, emotional, social, spiritual, legal and moral aspects of sex and sexuality. RSHE teaching at St.Peter's sits within our whole school approach to PSHE which is through the Heartsmart programme. Through this programme we teach within five main principles:

The HeartSmart High Five

 <p>Don't Forget to Let Love in!</p> <p>Learning how important, valued and loved we are.</p>	 <p>Too Much Selfie isn't Healthy!</p> <p>Exploring the importance of others and how to love them well.</p>	 <p>Don't Rub it In, Rub it Out!</p> <p>Understanding how to process negative emotion and choose forgiveness to restore relationships.</p>	 <p>Fake is a Mistake!</p> <p>Unpacking how to bravely communicate truth and be proud of who we are.</p>	 <p>'No Way Through,' isn't True!</p> <p>Knowing there is a way through every situation, no matter how impossible it may seem.</p>
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This prepares our pupils for the opportunities, responsibilities and experiences of adult life whilst also dealing with very current topical issues such as cyber bullying, sexting and issues linked to self-esteem.

Attitudes and Values

- We are self-aware
- We have respect for all
- We are open-minded
- We show appreciation and wonder

Personal and Social Skills

- to learn how to identify and manage emotions confidently and sensitively
- to develop self-respect and empathy for others
- to develop communication skills with peers, school and family
- to learn how to assess risk and to develop strategies for keeping safe
- to develop the ability to give and secure help
- to develop an understanding of difference and an absence of prejudice

Skills for learning

- We investigate by gathering information and asking questions
- We analyse difference between opinion, belief and fact
- We synthesise by making links and connections
- We empathise with the thoughts, feelings and beliefs of others
- We express ourselves by responding and explaining
- Interpret: we draw on meanings of artefacts and make suggestions
- Discern: we are developing an insight into people and their beliefs; we explain how significant it is
- We reflect on feelings and experiences
- We evaluate and debate

Delivery

RSHE is delivered by class teachers through the Heartsmart programme in mixed gender groups other than when it is deemed more appropriate for topics to be covered in single sex groups. Occasionally, appropriate and suitably experienced and/or knowledgeable visitors from outside school may be invited to contribute to the delivery of RSHE in school. Parents

will be provided with example resources that the class teacher plans to use in these sessions.

Specific Issues within RSHE – Withdrawal

The 2019 RSHE curriculum states that parents have the right to request that their child be excused from sex education within RSHE only. Before any request is granted, we offer parents the opportunity to speak with the Head Teacher or Deputy Head Teacher to voice their concerns and clarify the nature of what is being taught.

Any requests for withdrawal from any form of sex education is automatically granted as long as it doesn't fall within the statutory science National Curriculum. As stated in the 2019 RSHE Curriculum: (parents or carers have) '...no right to withdraw from Relationships Education or Health Education'.

Child protection and confidentiality

Teachers need to be aware that effective relationship and sex education, which brings an understanding of what is and is not acceptable in a relationship, may lead to disclosure of a child protection issue.

The staff member will inform the designated child protection officer, in line with LA procedures for child protection. A member of staff cannot promise confidentiality if concerns exist.

Equality Act 2010

As a school we welcome our duties under the Equality Act 2010. The general duties are to:

- eliminate discrimination, harassment and victimisation
- advance equality of opportunity
- foster good relations

We understand the principles of the act and the work needed to ensure that those with protected characteristics are not discriminated against and are given equality of opportunity. We know that it is unlawful to discriminate against these groups with whom the pupil is associated with or perceived to be.

The primary aim of St.Peter's CE Primary School is to enable all pupils to take part as fully as possible in every part of school life by developing every child's self-confidence, recognising their strengths and encouraging them to achieve their full potential. At St.Peter's, we will take steps to advance equality of opportunity, foster good relations and eliminate discrimination or harassment across all the protected characteristics (age, race, gender reassignment, disability, marriage and civil partnership, religion and belief, pregnancy and maternity, gender, sexual orientation) within the school community.

The School's current Equality Policy is accessible on the School's website.

Monitoring and Assessment

The teaching and assessment of RSHE in school is monitored by the RE/PSHE/RSHE Coordinators in line with the school's monitoring and assessment calendar. This will take place through lesson observations of our new Heartsmart Programme and through pupil interviews.

RSE Policy monitoring and review

Date of Completion:	September 2020
Date of Review:	September 2021
Signed SRE Lead:	Mrs H Whiteside
Signed Headteacher:	Mr S Wedgeworth
Signed Chair of Governors:	Mrs S Matthews
Date:	September 2020