

Unit	Lesson 1	Lesson 2	Lesson 3	Lesson 4	Lesson 5	Lesson 6
GET HEARTSMART (Meet Boris)	Boris' Beginnings Boris the Robot story – which voice should he listen to? <i>Who can I speak to if I am sad/worried?</i> STORY PSED - MR	Build-a-Boris Make a robot from junk ACTIVITY PSED - SC/SA	Boris Shapes Make a robot from 2D shapes ACTIVITY PSED - SC/SA	Happy and you know it Song to demonstrate different emotions ACTIVITY PSED - MFB	Boris Face dough Different emotions using play dough ACTIVITY PSED - MFB	Boris' Hanging Hearts Heart rewards for children who are caught being kind ACTIVITY PSED - MR
DON'T FORGET TO LET LOVE IN (I am special)	VIP Crowns Design and make a crown ACTIVITY PSED - SC/SA	Mirror, mirror Describe self in mirror and draw a self-portrait. ACTIVITY PSED - MR	I am special because I am... Game to encourage children to think about why they are special GAME PSED - SC/SA	I am special song Children to suggest reasons they are special CIRCLE TIME PSED - SC/SA	Fingerprint tree Looking at uniqueness of fingerprints ACTIVITY PSED - SC/SA	All about me ball Circle time to tell the other children about yourself CIRCLE TIME PSED - SC/SA
TOO MUCH SELFIE ISN'T HEALTHY (I love others)	Who is special to me? Who loves and cares for Boris? Who do you love and care for? <i>who can you speak to if you are sad/worried?</i> CIRCLE TIME PSED - MR	My House Who lives in your house? <i>Discuss different types of families</i> ACTIVITY PSED - SC	Catch a Smile Game to encourage children to share their smiles GAME PSED - MR	Friendship web Circle time to use kind/encouraging words about one another. CIRCLE TIME PSED - MR	A friend in need Game about looking out for and helping friends in need. GAME PSED - MR	Bird Feeders How can we love the wildlife in our garden? ACTIVITY PSED - SC

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DON'T RUB IT IN, RUB IT OUT (I am a good friend)	We're all Friends Together Thinking about what we like to do with our friends We are all different! GAME PSED - MR	Sharing Island Game Game to encourage sharing and co-operation GAME PSED - MR	Robots and Mechanics Listening to instructions and co-operating with one another GAME PSED - MR	I am a kind friend Game to help children find simple ways to be kind to each other ACTIVITY PSED - MR	I make a good friend How to be a good friend We are all different ACTIVITY PSED - MR	Emoji emotions Encouraging children to describe how they are feeling using emojis CIRCLE TIME PSED - MFB
FAKE IS A MISTAKE (I tell the truth)	Boris Has... Game to demonstrate the importance of being kind and truthful GAME PSED - SC/SA	The Truth according to Arthur story Talking about the importance of telling the truth STORY PSED - MFB	Sorting words Sorting words into kind and unkind. ACTIVITY PSED - MFB	Animal Game – thankful to be me Pretending to be something else is fun but being me is better ACTIVITY PSED - MFB	Thankful Walk Walk around the school to spot things children are thankful for ACTIVITY PSED - SC/SA	In my House Circle time to celebrate the different things we do with our families Different types of families CIRCLE TIME PSED - SC/SA
NO WAY THROUGH, ISN'T TRUE (I can do it!)	Nuts and Bolts Challenge the children to match the correct nuts to the correct bolts ACTIVITY PSED - SC/SA	With my...I can... Describing different things the children can do with their amazing body CIRCLE TIME PSED - SC/SA	We're Going on a Bear Hunt Interactive retelling of the story ACTIVITY PSED - MFB	Incy Wincy Spider Learning perseverance from Incy Wincy Spider ACTIVITY PSED - MFB	Road Blocks Moving cars around the mat by adhering to the road signs ACTIVITY PSED - SC/SA	Cup stack challenge Challenge to see how many cups the children can stack before they collapse ACTIVITY PSED - SC/SA