

St Peter's CE Primary School



Personal, Social, Health Education

(including Relationships and Sex Education)



Curriculum Statement

PSHE runs through the very heart of our school and is at the core of everything we do, alongside Religious Education. It is evident in our behaviour policy, our house point system, as well as at playtimes, lunchtimes, and celebrations in school. Through the teaching and learning of PSHE and religion, we have developed links with the local community and many different organisations such as local care homes and charities. We also hold many events throughout the year to raise money for a number of different charities, both global and local, which encourages children to think of others, different groups in society and economic issues.

The teaching of RSE is covered within our PSHE curriculum through the Heartsmart programme. This is delivered under five core themes:

1. Don't forget to let love in!
2. Too much selfie isn't healthy!
3. Don't rub it in, rub it out!
4. Fake is a mistake!
5. 'No way through,' isn't true!

The programme is designed to support children to build resilience, emotional intelligence and active empathy. It enables children to adopt a growth mind-set whilst maintaining a healthy emotional self. HeartSmart is about loving each other and accepting ourselves as well as loving each other and responding to others.

At St. Peter's, our collective worship assemblies have different themes throughout the year. Our assembly themes are linked to aspects of the PSHE, RSE and the RE curriculum and celebrate key religious, national and international days and events.

Our children in early years also follow the Heartsmart programme although as PSHE is such an essential part of the EYFS curriculum it runs throughout the whole curriculum.

